



National Alliance on Mental Illness

NAMI Lane County

2411 Martin Luther King, Jr. Blvd., Eugene, OR 97401
541.343.7688 • www.namilane.org

NAMI PROGRAMS, CLASSES, SUPPORT GROUPS

NAMI SUPPORT GROUPS

Eugene/Springfield

NAMI Family to Family Support Group (for graduates of F2F Class)

1st Thursday of each month at 7 PM, NAMI Resource Center, 2411 Martin Luther King Jr. Blvd., 2nd floor

NAMI Friends and Family Support Group

2nd, 3rd, 4th and 5th Thursday of each month at 7 PM, NAMI Resource Center, 2411 Martin Luther King Jr. Blvd., 2nd floor

NAMI Connection Group (Peer Support Group)

Every Thursday at 1 PM, LCBHS building, 2411 Martin Luther King Jr. Blvd in Room 198

NAMI Campus Connection Group (Peer Support Group)

Every Tuesday at 6pm, University of Oregon Campus, 955 E 13th Ave, Lillis Bldg, Peterson Hall, Room 102.

NAMI Veteran & Family Connection Pizza Night

1st Wednesday of each month at 6 PM, BSA Oregon Trail Council Bldg, 2525 MLK Jr. Blvd. Free pizza and beverages for veterans and their families

NAMI Mindfulness Group (Peer Support Group)

Every Thursday at 4 PM, NAMI Resource Center, 2411 Martin Luther King Jr. Blvd., 2nd floor

Call Marty Parrill at 541-520-3096 or email mparrill@aol.com for more information

Cottage Grove

NAMI Connection Group (Peer Support Group)

Every Friday at 1:30 PM, Healing Matrix, 632 Main Street

NAMI Friends and Family Support Group

2nd and 4th Monday at 7 PM, Healing Matrix, 632 Main Street

NAMI Friendship Group

Every Thursday at 10 AM, Jack Sprats, 510 E. Main St.

Florence

NAMI Friends & Family Support Group

4th Thursday of each month at 6 PM, 1720 34th Street. For information call Monica Kosman, 541-902-8308

NAMI Connection (Peer Support Group)

Every Wednesday at 6:30 PM, New Winds Apartments Community Room, 750 Laurel Street
(Park on street.)

NAMI EDUCATION COURSES

Eugene/Springfield

NAMI Family to Family Class

The next 12 week class begins January 9th, 2018 from 6:30-9 PM, LCBHS, 2411 Martin Luther King Jr. Blvd. in Room 198. Call the Resource Center at 541-343-7688 for information and to sign up

NAMI Peer to Peer Education Course

This 10 week class occurs throughout the year. Call the Resource Center for more information and to sign up

NAMI Homefront

This 6 week class begins Monday, February 26th from 6:30-9 PM, NAMI Resource Center, 2411 Martin Luther King Jr. Blvd., 2nd floor. Call the Resource Center (541-343-7688) to sign up

NAMI Friends and Family Seminar

This 4-hour seminar will be offered on Sunday, November 12th from 10 AM-2 PM and Tuesday, December 12th from 5 PM-9 PM, LCBHS, 2411 Martin Luther King Jr. Blvd, Room 198. Call the Resource Center for information and to sign up